

METHODIST  
CO-OPERATIVE  
SOCIETY LIMITED  
卫理合作社

*Membership  
Privileges*

1 March 2017

A black and white photograph of a diverse group of young people, including men and women of various ethnicities, laughing and cheering joyfully. They are in the foreground, with a blurred crowd of people in the background, suggesting a large gathering or event.

Your **Methodist Co-operative Society Ltd Membership** now opens you to a whole new world of special privileges & discounts.

**Use your**



**TO ENJOY!**

# HOTEL

## OFFER

- 10% off prevailing corporate rates
- Inclusive of daily breakfast and complimentary in-room WIFI

## TERMS AND CONDITIONS

- Valid till 31 December 2018
- Only applicable with prior reservation. Otherwise walk-in rates shall apply.
- MCSL Membership Card to be presented during check-in (and dining, where offered)
- Not valid with other promotions, offers, discounts or voucher
- Not applicable on blackout dates
- Valid credit-card details are required at the time of booking

## THE SEACARE HOTEL, SINGAPORE

52 Chin Swee Road  
Singapore 169875

### For reservation and enquiries

- Call: +65 6818 2688
- Email: [reservations@theseacarehotel.com.sg](mailto:reservations@theseacarehotel.com.sg)
- Book online: [www.theseacarehotel.com.sg](http://www.theseacarehotel.com.sg) (enter promo code "MCSL")
- Check-in time: 1400 hrs onwards / Check-out time: 1200 hrs



### Additional Offer

10% off F&B (ala carte menu/non-alcoholic only) at Vista Restaurant & Grill

## CITIN SEACARE HOTEL, KUALA LUMPUR

No. 38, Jalan Pudu Bukit Bintang  
KUALA Lumpur, 55100 Malaysia

### For reservation and enquiries

- Call: +60 3 2031 7777
- Email: [enquiry@citinpudu.com](mailto:enquiry@citinpudu.com) (for booking, quote “MSCL Member”)
- Book online: [www.citinpudu.com](http://www.citinpudu.com) (enter promo code “MCSL”)
- Check-in time: 1400 hrs onwards / Check-out time: 1200 hrs



### Additional Offer

10% off F&B (non-alcoholic only) at Citin Café

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## COLUMBA HOTEL, INVERNESS

7 Ness Walk, Inverness, IV3 5NF  
Scotland, United Kingdom

### For reservation and enquiries

- Call: +44 (0)1463 231391
- Email: [enquiry@columbahotelinverness.co.uk](mailto:enquiry@columbahotelinverness.co.uk) (for booking, quote “MSCL Member”)
- Book online: [www.columbahotelinverness.co.uk](http://www.columbahotelinverness.co.uk) (enter promo code “MCSL”)
- Check-in time: 1500 hrs onwards / Check-out time: 1100 hrs



### Additional Offer

10% off F&B (non-alcoholic only) at MacNabs Bar & Bistro and Victoria Restaurant

## BEST WESTERN PLUS MILFORD HOTEL

Great North Road Peckfield Leeds West  
Yorkshire LS25 5LQ United Kingdom



### For reservation and enquiries

- Call: +44 (0)1977 681800
- Email: [reception@mlh.co.uk](mailto:reception@mlh.co.uk) (for booking, quote “MSCL Member”)
- Check-in time: 1500 hrs onwards / Check-out time: 1100 hrs

### Additional Offer

10% off F&B (non-alcoholic nly) at The Watermill Restaurant

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## THE VICTORIA HOTEL

Hollinwood Avenue Chadderton  
Oldham, OL9 8DE  
United Kingdom



### For reservation and enquiries

- Call: +44 (0)1616 827254
- Email: [enquiry@thevictoriamanchester.com](mailto:enquiry@thevictoriamanchester.com) (for booking, quote “MSCL Member”)
- Book online: <http://www.thevictoriamanchester.com> (enter promo code “MCSL”)
- Check-in time: 1400 hrs onwards / Check-out time: 1100 hrs

### Additional Offers

10% off F&B (non-alcoholic only) at Mr Brown’s Restaurant

## THE BIG SLEEP HOTEL, CARDIFF

Bute Terrace Cardiff CF10 2FE United Kingdom



### For reservation and enquiries

- Call: +44 (0)2920 636363
  - Email: [bookings.cardiff@thebigsleephotel.com](mailto:bookings.cardiff@thebigsleephotel.com) (for booking, quote “MSCL Member”)
  - Book online: <http://www.thebigsleephotel.com/cardiff/> (enter promo code “MCSL”)
  - Check-in time: 1500 hrs onwards / Check-out time: 1030 hrs
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## THE BIG SLEEP HOTEL, EASTBOURNE

King Edward Parade Eastbourne, BN21 4EB United Kingdom



### For reservation and enquiries

- Call: +44 (0)1323 722676
  - Email: [bookings.eastbourne@thebigsleephotel.com](mailto:bookings.eastbourne@thebigsleephotel.com) (for booking, quote “MSCL Member”)
  - Book online: <http://www.thebigsleephotel.com/eastbourne/> (enter promo code “MCSL”)
  - Check-in time: 1500 hrs onwards / Check-out time: 1030 hrs
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## THE BIG SLEEP HOTEL, CHELTENHAM

Wellington Street Cheltenham, GL50 1XZ United Kingdom



### For reservation and enquiries

- Call: +44 (0)1242 696999
- Email: [bookings.cheltenham@thebigsleephotel.com](mailto:bookings.cheltenham@thebigsleephotel.com) (for booking, quote “MSCL Member”)
- Book online: <http://www.thebigsleephotel.com/cheltenham/> (enter promo code: MCSL)
- Check-in time: 1500 hrs onwards / Check-out time: 1030 hrs

# MEETINGS & EVENTS

## TERMS AND CONDITIONS

- Valid till 31 December 2018
- MCSL Membership Card to be presented during booking
- Additional charges apply for bookings beyond opening hours

### THE MARITIME HALL

52 Chin Swee Road  
#04-00 Seacare Building  
Singapore 169875

#### Operating Hours

- Monday – Friday: 9.00 am to 5.30 am
- Saturday: 9.00 am – 12.30 pm
- Close on Public Holidays



#### Offer

Rental: Half Day @ S\$350++ (up to 4 hrs); Full Day @ S\$600++ (beyond 4 hrs)

#### For booking and enquiries

Call 9734 1037

## **CLUB@52**

52 Chin Swee Road  
#02-00 Seacare Building  
Singapore 169875

### **Operating Hours**

- Monday – Saturday: 5.00 pm to 2.00 am
- Close on Public Holidays



### **Offer**

- Rental: From 5 pm till 2 am @ S\$750++, inclusive of free flow of soft drinks
- 10% off from total Beverage bill

### **For bookings or enquiries**

Call 9734 1037



# WELLNESS

## SEACARE MARITIME MEDICAL CENTRE

Amara Corporate Tower  
100 Tras Street  
#18-02/03  
Singapore 079027



### Terms and Conditions

- Valid till 31 December 2018
- Only applicable with prior reservation
- MCSL Membership Card is to be presented during registration
- Price stated are exclusive of prevailing GST

### Operating Hours

- Monday – Friday: 9.00 am to 5.00 pm
- Saturday: 9.00 am to 1.00 pm
- Close on Public Holidays

### Offer

- Basic Health Screening Package @ S\$120 (UP S\$150)
- Diamagnetic Physiotherapy & Pain Management: S\$80 per 30min session (UP S\$120)

### For appointment and enquiries

Call: 6222 7728

# RETAIL

## CORNERY THE POPCORN GALLERY

14 Scotts Road #01-37 Singapore 228213

### Terms and Conditions

- Valid till 31 December 2017
- MCSL Membership Card and NRIC to be presented during payment
- Enter coupon code (MCOOPCORNERY) at [cornery.com](http://cornery.com)
- Valid Only during the birthday month
- Not valid with other promotions, offers, discounts or vouchers



### Operating Hours

- Sunday - Thursday: 11.30 am to 9.00 pm
- Friday - Saturday: 11.30 am to 9.30 pm

### Offer

- 20% off total bill
- Free 3<sup>rd</sup> Grab Pack (worth up to S\$3.80) with purchase of any 2 Grab Packs (from S\$2.80 per Pack) during birthday month

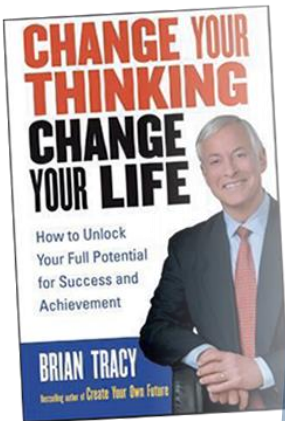
### For enquiries

Visit <http://cornery.com/contact-us/>

# TRAINING

## TERMS AND CONDITIONS

- MCSL Members will enjoy the same fees as members of the Singapore Professionals' and Executives' Co-operative Limited (SPEC)
- For registration, please email [secretariat@spec.org.sg](mailto:secretariat@spec.org.sg) or call 62210229 or visit SPEC's office at 2 Serangoon Road #06-00, The Verge, Singapore 218227.
- MCSL Membership Card to be presented for verification



“Winners make a habit of manufacturing their own **POSITIVE** expectations in advance of the event.”

Brian Tracy

*If you wish to achieve worthwhile things in your personal and career life, you must become a worthwhile person in your own self-improvement.*

—Brian Tracy



THE ONLY REAL LIMITATION ON YOUR ABILITIES IS THE LEVEL OF YOUR DESIRES.

IF YOU WANT IT BADLY ENOUGH, THERE ARE NO LIMITS ON WHAT YOU CAN ACHIEVE.

<b>PROGRAMME</b>	<b>Superior Selling Skills</b>
<b>DESCRIPTION</b>	Learn superior techniques as selling today is more competitive than ever before!
<b>OUTLINE</b>	<ul style="list-style-type: none"> <li>• New Realities of Selling and Winning Edge</li> <li>• Sales Planning and Time Management</li> <li>• Prospecting Power and Relationship Selling</li> <li>• How Buyers Buy and Customers Relationship</li> </ul>
<b>VENUE</b>	The Verge Level 6
<b>DATE / TIME</b>	8 April 2017 (Sat) / 9 am to 6 pm
<b>FEE</b>	\$480; Co-op Member: \$380

<b>PROGRAMME</b>	<b>Keys to Peak Performance</b>
<b>DESCRIPTION</b>	Learn some key ideas and principles that have been discovered by successful people throughout the ages. When you learn and apply these principles to your life, you will begin to get the same results that they do.
<b>OUTLINE</b>	<ul style="list-style-type: none"> <li>• 7 Mental Principles to High Performance</li> <li>• Taking Charge of Your Life</li> <li>• Managing Your Emotions</li> <li>• Programming Your Mind for Success</li> </ul>
<b>VENUE</b>	The Verge Level 6
<b>DATE / TIME</b>	15 April 2017 (Sat) / 9 am to 5 pm
<b>FEE</b>	\$480; Co-op Member: \$380

<b>PROGRAMME</b>	<b>Basic Accounting</b>
<b>DESCRIPTION</b>	For Job Seekers looking for flexible work arrangement and lifestyle as bookkeeper taking care of small business accounts.
<b>OUTLINE</b>	<ul style="list-style-type: none"> <li>• Accounting Documents and Business Cycle</li> <li>• Purchasing Documents, requisitions, quotation, order, invoice, tax and credit note</li> <li>• Payment Processing, petty cash and cheque payment, staff claim</li> <li>• Financial Statements, financial position and comprehensive income</li> <li>• Introduction to financial statements Source Documents and Original Entries</li> <li>• Journals and Trail Balance</li> </ul>
<b>VENUE</b>	The Verge Level 6
<b>DATE / TIME</b>	18-19 April 2017 (Tue-Wed) / 9 am to 5 pm

<b>FEE</b>	\$480; Co-op Member: \$380
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<b>PROGRAMME</b>	<b>Strategic Leadership</b>
<b>DESCRIPTION</b>	The more of a leader you become on the inside, the more effective you become in all your leadership activities on the outside.
<b>OUTLINE</b>	<ul style="list-style-type: none"> <li>• The formula for Strategic Planning</li> <li>• Motivating people for maximum results</li> <li>• Creating a Great Place to work</li> <li>• Coping with difficult people</li> <li>• the Manager, Coach and Confidant</li> <li>• Balancing the total life</li> </ul>
<b>VENUE</b>	The Verge Level 6
<b>DATE / TIME</b>	22 April 2017 (Sat) / 9 am to 6 pm
<b>FEE</b>	\$480; Co-op Member: \$380

<b>PROGRAMME</b>	<b>Superior Sales Management</b>
<b>DESCRIPTION</b>	Sales manager is the vital link between sales planning and sales results. Improvement in the sales force begins with sales management.
<b>OUTLINE</b>	<ul style="list-style-type: none"> <li>• The Sales Plan</li> <li>• Communicating for Results</li> <li>• Motivating Salespeople</li> <li>• Effective Delegation</li> <li>• Territory Management</li> <li>• Sales Skills Coaching</li> </ul>
<b>VENUE</b>	The Verge Level 6
<b>DATE / TIME</b>	29 April 2017 (Sat) / 9 am to 6 pm
<b>FEE</b>	\$480; Co-op Member: \$380

# RENOVATION

## TERMS AND CONDITIONS

- Choice Decor Co-operative Society Ltd, founded by the Police Co-operative Society Ltd, specializes in interior designing, contract services and renovation works.
- MCSL Members will enjoy the same competitive rates as members of the Singapore Police Co-operative Society Ltd.
- For enquiries, please email [choicede@singnet.com.sg](mailto:choicede@singnet.com.sg) or call 62983810 or visit Choice Decor's office at Blk 22 Sin Ming Rd #01-232 Singapore 570022.
- MCSL Membership Card to be presented for verification



## **TERMS AND CONDITIONS OF METHODIST CO-OPERATIVE SOCIETY LTD (MCSL)**

The MCSL Membership Card entitles you to have privileges or benefits offered by MCSL from time to time.

This card is not transferable and not to be used if you ceased to be our member.

Any privilege or benefit offered may be amended or withdrawn without prior notice at the sole discretion of MCSL.

MCSL will not be liable nor responsible for any failure to perform any obligations by our service providers stated in this booklet.



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Website: [www.methodistcoop.org.sg](http://www.methodistcoop.org.sg)